



ZAKIR HUSAIN DELHI COLLEGE
(University of Delhi)

Faculty Details

(Please Fill the form and Email it to website@zh.du.ac.in)

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| Title | D | CHAO | Photograph |
| Designation | Associate Professor | |  |
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| Web Page | | | |
| Educational Qualification | | | |
| Degree | Institution | Year | |
| BA (Hons) in Psychology | ZHDC | 1994 | |
| MA in Psychology | ZHDC | 1997 | |
| M Phil | University of Delhi | 2002 | |
| PhD | University of Delhi | 2005 | |
| JRF | UGC | 2005 | |
| Career Profile | | | |
| Teaching Experience | | | |
| <ul style="list-style-type: none">● Teaching as a permanent faculty in Zakir Husain Delhi College since March, 2006.● Taught one year (7th August 1997 – 30 August 1998) as a Lecturer/Counselor (Psychology) in Education Department, Mt. Everest College, Senapati, Senapati District, Manipur. | | | |
| As Guest Faculty | | | |
| <ul style="list-style-type: none">● Taught one paper (Course - 21: Organizational Psychology) for Master of Human Resources and Organizational Development (MHRD), in the Department of Commerce, Delhi School of Economics, Delhi University, in 2009. | | | |

- Taught Statistics paper to B.A. (Hons) 1st year in Psychology at Keshav Mahavidhyalaya, University of Delhi in 2009 and 2010.
- Taught OB (Paper no 105) to MCA-Semester-1 students, Department of Computer Science, University of Delhi, in the year 2012-2013 and 2013-2014.
- Taught “Research Methodology” to the M Phil Students of African Studies, University of Delhi, in the year 2012-2013, and 2013-2014.
- Worked as Senior Research Fellow (SRF) for 15 months in an Indian Council of Medical Research (ICMR) sponsored Major Project on “Predictors of the Physical Functional of the Old” in Delhi.
- Worked as a Research Associate (RA) for 10 months and 13 days in a Task Force on “Determinants of Functional Status of the Older Indian” sponsored by the Indian Council of Medical Research (ICMR) New Delhi.

Papers Presented/ Lectures Delivered

1. A paper on “Motivation and work life balance” was presented at the First International Seminar on “Health Psychology: A dynamic interface with working environment” organized by Aastha: Foundation for Development and Welfare, Delhi, held on the 23th to 25th of March, 2001 at Jhanpath. New Delhi.
2. A paper on “Aging and adult learning in the new millennium” at an International Seminar on Challenges before human resource development in the new millennium” organized by Aastha: Foundation for Development and Welfare, Delhi, held on the 18th to 20th of January, 2002 at Jhanpath. New Delhi.
3. A paper on “Psycho-social wellbeing of the elderly among the Nagas” was presented on the National Workshop on Tribal Health and Medicines. March 29-30, 2004, Department of Anthropology, University of Delhi, India.
4. A paper on “Depression of the elderly persons” was presented on the National Seminar on Depression: Causatives and remedies, organized by the Department of Psychology, Digambar Jain College, Baraut (Baghpat) U.P. India, Oct. 27 & 28, 2004.
5. A paper on "Structure of Social Network of the Elderly in Delhi" was presented on Indian Ageing Congress, 12th Biennial Conference of Association of Gerontology (India) and 2nd Annual Conference of Indian Academy of Geriatrics. November 5-7, 2004, All India Institute of Medical Science, New Delhi, India.
6. A paper on "Physical Activities among the Elderly" was presented on Indian Ageing Congress, 12th Biennial Conference of Association of Gerontology (India) and 2nd Annual Conference of Indian Academy of Geriatrics. November 5-7, 2004, All India Institute of Medical Science, New Delhi, India.
7. A paper on “Living arrangement and psychosocial well-being of the Naga elderly” was presented on International Conference on “Enriching Human life: Issues and Challenges”, organized by The Aastha Foundation for Welfare and Development, on the 19th and 20th of February, 2005. Delhi University, Delhi.

8. A paper on “Educational level and psychosocial health among the Nagas elderly” was presented at the National Seminar “Health Psychology: retrospect and Prospect” organized by Psychology Department, Maharishi Dayanand University, Rohtak, Haryana to be held on the 29th and 30th March 2005).
9. A paper on “Social network structure of the elderly” was presented at the 9th National Conference on “Lifespan Development: Multidimensional Perspectives” organized by the Aastha: Foundation for Development and Welfare, Delhi, and Master School of Management, Meerut held on the 5th and 6th of November, 2005 at Faculty of Mathematical Sciences, University of Delhi, Delhi.
10. A lecture was delivered on “Science and Christian belief: A psychological analysis” at the Poumai Baptist Fellowship, Delhi at 19th Raj Niwas Marg, Delhi -54, on the 13th of November, 2005.
11. A paper on “Old Age and the Terrorism” was presented at the National Seminar on “Psychological Dimensions of Terrorism” organized by Bhim Rao Ambedkar College, University of Delhi, on the 17th of Dec, 2005.
12. A paper on “Gender difference on the psychosocial and physical functional of the elderly” was presented in a National Seminar on “Psycho physiological of Well Being” organized by Department of Psychology, Maharshi Dayanand University, Rohtak Haryana on the 28th & 29th of March, 2006.
13. A paper on “Influence of marital status on quality of life among the Naga elderly” was presented in a National Seminar on “Psycho physiological of Well Being” organized by Department of Psychology, Maharshi Dayanand University, Rohtak Haryana on the 28th & 29th of March, 2006.
14. A paper on “Head hunting: Battle for brainpower” was presented at the Fourth HR Meet on “Human Resources: Individual and Organization Interface” on the 25th February 2007, at India Habitat Centre, Lodhi Road, New Delhi.
15. Delivered a lecture on “Career Choice After +12 at The Poumai Baptist Church, Senapati, on the 8th of June, 2008.
16. Delivered a lecture on “Career Planning: The Role of Counselor” at The Poumai Baptist Fellowship, Delhi, at 19th Raj Niwas Marg, Delhi -54, on the 10th of August, 2008.
17. A Paper on “Quality of life of the elderly: A concern for all in the new Millennium” in an International Seminar on Gerontology: A Global Concern organized by Department of Adult, Continuing Education & Extension, University of Delhi from 29th February to 1st March 2009, at the University of Delhi, Delhi-09.
18. Delivered a Lecture on “How to prepare for Academic Examination” at Poumai Baptist Church, 19 Raj Niwas Marg, Delhi-54, on 15th of March 2009.

19. A paper on “Stress management” was delivered on the Orientation Course (OR-60) UGC- ASC Sponsored programme organized by the Centre for the Professional Development in Higher Education (CPDHE) and Institute of Lifelong Learning (ILL), Delhi University, South Campus the 5th of July 2009.

20. A lecture on “Stress Management” was delivered on a workshop on “Soft Skill Development” organized by Career Counseling and Placement Cell, Zakir Husain College, on the 5th of October 2009.

21. A lecture on “Time Management” was delivered on a workshop on “Soft Skill Development” organized by Career Counseling and Placement Cell, Zakir Husain College, on the 6th of October 2009.

22. A paper on “Core-Self Evaluation and Personal Effectiveness” was presented at a National Seminar on “Organization and Change: Leverage people, processes and technology” organized by Work Psychology and Human Resources Forum on 5th of September 2010 held at the Conference Centre, Delhi University, Delhi-07.

23. A paper on “Changing Identity of the North East Youth” in the National Seminar on “Globalization and Changing Tribal Identity in North East India” organized by Naga Forum Delhi, and Naga Cultural Research Society on the 16th and 17th of May, 2011 at Conference Centre, Delhi University, Delhi.

24. A paper on “Effect of Core Self Evaluation Among the Employees in Different Organizations” in the International Conference on “Psychology in the Contemporary Context: A Positivistic Approach” organized by Work Psychology and Human Resources Forum & India Career Development Association on the 21st and 22nd of May, 2011 at Conference Centre, Delhi University, Delhi-07.

25. A paper on “**Psychological Capital and the Success at Work Place**” was presented in the National Conference on Career Development: Preparing for the Road Ahead” organized by India Career Development Association (ICDA) & Indian Association of Positive Psychology (IAPP) held on the 26th and 27th of May 2012 at Delhi University.

26. A paper on “**Strategies to Empower the Elderly from the Weaker Section**” was presented in the National Seminar on “Social Change in Contemporary India: Psychological Dimensions and Social Response” organized by Department of Psychological Sciences, Sri Aurobindo College (Eve.), University of Delhi in collaboration National Academy of Psychology (NOAP) India (funded by Northern Regional Centre of ICSSR) held on 21st and 22nd of March 2014.

27. A paper on “**Empowerment of the Elderly from Weaker Sections: A Psychosocial Analysis**” was presented in the National Seminar on “Social Change in Contemporary India: Psychological Dimensions and Social Response” organized by Department of Psychological Sciences, Sri Aurobindo College (Eve.), University of Delhi in collaboration National Academy of Psychology (NOAP) India (funded by Northern Regional Centre of ICSSR) held on 21st and 22nd of March 2014.

28. A paper on **“A Critical Analysis of the Governmental Plans and Policies for the Elderly from the Weaker Sections Perspective”** was presented in the National Seminar on **“Social Change in Contemporary India: Psychological Dimensions and Social Response”** organized by Department of Psychological Sciences, Sri Aurobindo College (Eve.), University of Delhi in collaboration National Academy of Psychology (NOAP) India (funded by Northern Regional Centre of ICSSR) held on 21st and 22nd of March 2014.

29. A paper on **“Elderly People in the 21st Century India: Issues and Challenges”** was presented at a National Seminar on **“Challenges to 21st Century India”** organized by UGC-Human Resource Development Centers, Hermitage, Kumaun University, Nainital on the 15-16th of May 2015.

30. A paper on **“Challenges of Practicing Certain Welfare Related Techniques by the Elderly with Special Reference to Yoga and Exercise”** was presented at the National Seminar on **“Social Harmony and Well-Being: Issues and Challenges”** on 18th and 19th March 2016 organized by organized by Department of Applied Psychology, Sri Aurobindo College (Eve.), University of Delhi (funded by Northern Regional Centre of ICSSR).

31. A paper on **“Gender Difference and Physical Activities among the Elderly”** was presented at the National Seminar on **“Social Harmony and Well-Being: Issues and Challenges”** on 18th and 19th March 2016 organized by organized by Department of Applied Psychology, Sri Aurobindo College (Eve.), University of Delhi (funded by Northern Regional Centre of ICSSR).

32. A paper on **“Efficacy of Yoga as an Add-on Treatment of Schizophrenia”** was presented at the National Seminar on **“Social Harmony and Well-Being: Issues and Challenges”** on 18th and 19th March 2016 organized by organized by Department of Applied Psychology, Sri Aurobindo College (Eve.), University of Delhi (funded by Northern Regional Centre of ICSSR).

33. A paper on **“Connections between Cotemporary Youth and the Elderly: Challenges and Insights”** was presented at the National Seminar on **“Youth in the Contemporary Society: Issues and Challenges”** on 28th and 29th March 2016 organized by organized by Department of Psychology, Keshav Mahavidyalaya, University of Delhi.

34. A paper on **“Physical Activities Practiced by Elderly People from Different Backgrounds”** was presented at the International Seminar on **“Indian Minds and Societal Concerns: An Interdisciplinary Dialogue”** on 2nd and 3rd April, 2016 held at Conference Centre, organized by organized by Department of Psychology, Ramanujan College, University of Delhi.

35. A paper on **“Perceptual differences towards physical exercise and yoga among the Indian and Canadian elderly”** was presented at the National Seminar on **“Perspective of Successful Aging”** on 23rd and 24th September, 2016 organized by Psychology Department, Mata Sundri College for Women (University of Delhi) in association with Indian Association of Positive Psychology.

46. A paper on **“Functional status of tribal elderly persons: With special reference to Manipur”** was presented at the Two-Day National Seminar on “Old Age in the Twenty-First Century” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 21st and 22nd October, 2017, held at Avant Garde Academy, Taphou, Senapati, Manipur.

37. A paper on **“Challenges of determining the functional status of tribal elderly persons”** was presented at the Two-Day National Seminar on “Aging among the Tribal Society: Challenges and Opportunities” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 23 and 24th October, 2018, held at Avant Garde Academy, Taphou, Senapati, Manipur.

38. A paper on **“Personality characteristics of successful entrepreneurs”** was presented at the Two-Day National Seminar on “Tribal Entrepreneurship: Prospects and Challenges” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 6th and 7th January, 2019, held at Avant Garde Academy, Taphou, Senapati, Manipur.

39. A paper on **“Psychosocial response towards the sustainable development: With special reference to tribal community in Manipur”** was presented at the Two-Day National Seminar on “Community based Sustainable Development and the Tribal Society” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 28th and 29th December, 2019, held at Avant Garde Academy, Taphou, Senapati, Manipur.

40. A paper on **“Online learning and the students from the weaker section during lockdown”** was presented at the Two-Day National Webinar on “Impact of Lockdown on Education” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 20th and 21st April, 2021.

41. A paper on **“Successful entrepreneurs and their personality attributes”** was presented at the Two-Day National Seminar on “Understanding and Exploring Entrepreneurship” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 5th and 6th January, 2022, held at Avant Garde Academy, Taphou, Senapati, Manipur.

42. A paper on **“Teachers and professional development”** was presented at the Two-Day Workshop on “Teachers’ Training Program” organized by Daiho Foundation for Social & Educational Development in association with Avant Garde Academy, on the 21st and 22nd January, 2022, held at Avant Garde Academy, Taphou, Senapati, Manipur.

Seminars/Conferences/ Workshops Organized/Attended

1. Attended a Two-Day National Conference on “Rising Africa: Opportunities and Challenges for India” organized by the Department of Africa Studies, Delhi University, held on 12-13 September 2013, at Institute of Life Long Learning (ILLL), University of Delhi.

2. Attended a one Day International Seminar on the Contemporary Africa: Issues and challenges organized by Department of African Studies, Delhi University and Centre for African Studies in collaboration with Policy Research Institute of African Studies Association (PRIASA), on the 22nd November 2012, at ILLL, Delhi University.
3. Member of the organizing Committee for the National Conference on “Career Development: Preparing for the Road Ahead” organized by India Career Development Association (ICDA) & Indian Association of Positive Psychology (IAPP) held on the 26th and 27th of May 2012 at Delhi University.
4. Member of the organizing committee for the International Conference on “Psychology in the Contemporary Context: A Positivistic Approach” organized by Work Psychology and Human Resources Forum (WPHRF) & India Career Development Association (ICDA) on the 21st and 22nd of May, 2011 at Conference Centre, Delhi University, Delhi.
5. Member of the organizing committee for the National Seminar on “Globalization and Changing Tribal Identity in North East India” organized by Naga Forum Delhi, and Naga Cultural Research Society on the 16th and 17th of May, 2011 at Conference Centre, Delhi University, Delhi.
6. Member of the organizing committee for the National Seminar on “Organization and Change: Leverage people processes and Technology” organized by Work Psychology and Human Resources Forum on the 5th of September, 2010 at Delhi University, Delhi.
7. Attended the Workshop Tier II on ICT for Capacity Building of Delhi University Faculty, organized by Institute of Lifelong Learning (ILLL), Delhi University held from 31st March 2010 to 7th of April, 2010.
8. Member of the Organizing Committee of the 1st Bhimsen Saini Book Fair from 11th to 12th Nov, 2008, organized by Zakir Husain College, University of Delhi, New Delhi.
9. Attended a National Seminar on “Developing Work Force- Lifespan Approach to Career” organized by Department of Adult, Continuing Education and Extension, Faculty of Social Sciences, University of Delhi, on 13th and 14th of March, 2009.
10. Attended the International Seminar on “Gerontology: A Global Concern” organized by Department of Adult, Continuing Education and Extension, Faculty of Social Sciences, University of Delhi, on 29th and February and 1st of March 2008.
11. Attended the “Workshop on Research Methodology” organized by Department of Adult, Continuing Education and Extension, Delhi University from 1st to 12th of November, 2007.
12. Member of the Organizing Committee of a National Seminar on “Identity and Well Being” sponsored by ICSSR and UGC held at Psychology Department, Zakir Husain College, University of Delhi, New Delhi-110002 from the 7th March to 8th March, 2007.

13. Member of the Organizing Committee of Work Psychology and Human Resources Forum's 3rd National Convention on "Resourceful Humans: A New Mantra" at India Habitat Center, Lodhi Road, New Delhi on the 26th February, 2006.
14. Attended the IV International Congress on "Women, Work and Health" at Ashoka Hotel, Chanakya Puri, New Delhi on the 27th to 30th November, 2005.
15. Member of the Organizing Committee on the National Conference on "Life-Span Development: Multidisciplinary Perspectives" at the Faculty of Mathematical Sciences, Delhi University on the 5th and 6th November, 2005.
16. Organized a Workshop on "Promoting Children Career" on the 13th of Sept. 2005 at Senapati District HQ, Manipur.
17. National Seminar "Health Psychology: retrospect and Prospect" organized by Psychology Department, Maharishi Dayanand University, Rohtak, Haryana to be held on the 29th and 30th March 2005).
18. Member of the organizing committee of the 2nd National Convention on "Human Resources Management: An Indian Touch to the Western Concepts" Organized by the "Work Psychology and Human Resources Forum" on 5 March 2005, at the India Habitat Centre New Delhi.
19. Member of the Organizing Committee of the International Conference on "Enrichment of Human Life: Issues and challenges" organized by Aastha: Foundation for Development and Welfare, on 19 and 20 February, 2005, at Delhi University.
20. Attended the National Workshop on "Emerging Issues in Tribal Health and Medicine" organized by Department of Anthropology, University of Delhi, Delhi, on the 29-30th March 2004.
21. Member of the Organizing committee of the 1st National Conferences on "Human Resource: Fads, Findings, and Frontiers" organized by Work Psychology and Human Resource Forum under Aastha: Foundation for Development and Welfare on the 24th January 2004 at the Park Hotel, Parliament Street, New Delhi.
22. Organized a One Day Seminar On "Reservation Policy and Implementation" under the banner of All India University Schedule Tribe Teachers and Scholars Federation (AIUSTTSF), on the 17th Oct. 2004, at Delhi University, Delhi.
23. Member of the Organizing committee of the International Seminar on "Quest for well-being" organized by Aastha: Foundation for Development and Welfare, on the 14-16th February 2003 at National Museum, Janpath, New Delhi.
24. Participated as a rapporteur at the All India Tribal Students Association (AITSA)'s Seminar on "Educational Development in the North East India" on the 1st June 2002, at Jawahar Lal Nehru University, New Delhi.

25. Attended the “International Seminar on “Human Resource Development in the Millennium” organized by Aastha: Foundation for Development and Welfare, on the 18-20th February 2002 at National Museum, Janpath, New Delhi.

26. Attended the International Seminar on Health Psychology: A Dynamic Interface with Working Environment” on 23-25 March, 2001 at New Delhi, India.

27. Attended the All India Tribal Students Association (AITSA)’s Seminar on “Peace through Development in the North East” at YMCA New Delhi in 2000.

28. Attended the National Conference on “Recent Trends in Human Resource Development” organized by the Department of Psychology, Delhi University, Delhi -110007, on the 13th to 15th of Nov, 1996.

As Resource Person:

- As a resource person on a Workshop on “Capacity Building and Life Skills Development for the SC and ST Students” organized by the Department of Adult, Continuing Education and Extension, Delhi University from 16th August, 2010 to 21st August 2010.
- As a resource person at the National Seminar on “National Education Policy: Its relevance and impact among the tribal” held at Jawaharlal Nehru University, New Delhi from the 22nd to 23rd of July, 2005, organized by the All India Tribal Students Association (AITSA), New Delhi.
- Resource person on a workshop organized by the Poomai Employees Welfare Association, Delhi on the theme of “Soft Skills Development and Social Security” on the 27th of February, 2010. at Tagore Hall Arts Faculty, Delhi University, Delhi-7

Others Qualifications:

1. Attended an Orientation Course on Child Rights, Policies and Legislation for the Functionaries of Voluntary Organizations organized by the National Institute of Public Cooperation and Child Development, Ministry of Human Resource, Government of India, New Delhi, held at Solan, Rabon Road, Himachal Pradesh, India, from the 5th to 8th of July, 2005.
2. Attended the “Workshop on Research Methodology” organized by Department of Adult, Continuing Education and Extension, Delhi University from 1st to 12th of November, 2007.
3. Attended the Orientation Course (OR-60) UGC- ASC Sponsored programme organized by the Centre for the Professional Development in Higher Education (CPDHE) and Institute of Lifelong Learning (ILLL), Delhi University from the 9th June to 6th of July 2009.

4. Attended the Workshop Tier II on ICT for Capacity Building of Delhi University Faculty, organized by Institute of Lifelong Learning (ILLL), Delhi University held from 31st March 2010 to 7th of April, 2010.
5. Attended the Refresher Course in Research Methodology for Social Sciences, UGC sponsored program organized by UGC-ASC (HRDC), Kumaun University Nainital, from 6th May to 26th May 2015.
6. **One Week Short Term Course on “Personality Development and Value Education”** conducted by the Centre for Professional Development in Higher Education (CPDHE), ILLL, UGC-HRDC, University of Delhi, from 13th to 19th February, 2020.
7. **Two-Week Faculty Development Program on “Research Methodology”** Teaching Learning Centre, Ramanujan College, University of Delhi, under the aegis of MHRD, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching from 1st to 15th October, 2020.
8. **One Week Faculty Development Programme on "Transforming Lifestyles Through Yoga Darshan & Its Functional Modes"** conducted by Teaching Learning Centre, Ramanujan College, University of Delhi, under the aegis of MHRD, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching from 20th to 26th November, 2020.

Administrative Assignments

1. Teacher In-charge Psychology Department, ZHC for the Academic Year 2008-2009.
2. Superintendent, Practical Examination, Psychology Department, ZHC, Practical Exam, 2008.
3. Member of the Staff Requirement Committee, Zakir Husain College for the tenure of 2008-2010.
4. Member, Career Counseling and Placement Cell, Zakir Husain College from 2008 to 2012.
5. Organizing Member, 1st Bhisham Saini, Book Fair 2008, ZHC, 11-12 November, 2008.
6. Member (Psychologist), District (New Delhi District) Level Monitoring Committee (2010-2011) to monitor violation of Sec-5 of Central Tobacco Control Act, 2003.
7. Teacher Coordinator (for ZHC), Central Placement Cell, Delhi University, 2010.
8. Organizing Member, 2nd Bhisham Saini, Book Fair 2011, ZHC. 29-30 March, 2011.
9. Member, Syllabus Restructuring Committee for B A (H) and BA (P) Courses in Psychology Department (Delhi University) for the papers of **Statistics (Paper -2), Industrial & Organizational Psychology (Paper No-14) and Human Resources Management (Paper No – 20)**.
10. Teacher In-charge Psychology Department, ZHDC for the Academic Year 2011-2012.
11. Superintendent, Practical Examination, Psychology Deptt. ZHC, Practical Examination, 2011.

12. Teacher Coordinator (for ZHC), Equal Opportunity Cell, Delhi University for the tenure of 2011-2012.
13. Teacher Coordinator (ZHC), North Eastern Students, Delhi University for the tenure of 2012- 2013.
14. Member, Monitoring Committee for the Utilization of Grants received from UGC for various merged Scheme (ZHDC) for the year 2012-2013.
15. Member, Syllabus Restructuring Committee, FYUP in Psychology in the following papers:
 - a. PSY-12. Foundations of Organization Behaviour (Theory + Practical)
 - b.PSY-15. Bio-Psychology (Theory + Practical)
 - c.PSY-16. Understanding Human Resource and Practices (Theory + Practical)
 - d. PSY DSC-II 06. Psychology at Work (Theory + Practicum)
16. Member of the Committee (ZHDC) constituted to study the case of those students who admitted under FYUP for B Tech Courses in University of Delhi, 2014.
17. Teacher Representative to the Governing Body of the College, ZHDC for the tenure 2014-2015.
18. Member of the Proctorial Board, ZHDC, for the tenure of 2014-2015.
19. Member of the Anti-Ragging Committee, ZHDC, for the tenure of 2014-2015.
20. Member, Committee to Combat Holi Hooliganism, ZHDC, 2015.
21. Member of the Maintenance of Decorum on Annual Convocation, ZHDC, 2015.
22. Organizing Member, 4th Bhisham Saini, Book Fair 2016, ZHDC, 29-30 March, 2016.
22. Member Admission Committee since 2009-2015, and from 2018-2023
23. Member, Grievance Committee, ZHDC, 2021-23
24. Member, Alumni Association Committee, ZHDC, 2022
25. Member, Students Support Committee, 2022-23
26. Teacher-In-Charge for the Academic Year 2023-24 starting from July 2023.

Areas of Interest / Specialization

Psychological Testing, Organizational Behavior, Research Methodology, Gerontology, Statistics,

Subjects Taught

1. Psychological Testing, 2. Organizational Behavior, 3 Statistical Methods in Psychological Research, 4. Human Resource Management, 5. Applied Social Psychology, and, 6. Psychological Research.

Research Guidance

1. Guided 16 undergraduate Students on their BA (H) Projects
2. Supervising 3 PhD Students

Publications Profile

1. More than 10 Research Articles
2. More than ten 7 Chapters in Books

Conference Organization/ Presentations (in the last five years)

1. Six papers were presented in the last five years in various local and national level seminars and workshops.

Research Projects (Major Grants/Research Collaboration)

1. One Minor Research Project sponsored by the University of Delhi

Awards and Distinctions

1. First Position, Young Scientist Award (Paper Presentation), Aastha International Conference, held on the 19th and 20th Feb, 2005 at Delhi University, Delhi.
2. UGC Research Award 2016-2018.

Association With Professional Bodies

- Life membership of India Career Development Association (ICDA), New Delhi
- Life membership of Indian Association of Positive Psychology (IAPP), New Delhi
- Life Membership of Aastha: Foundation for Social Development, Delhi.
- One-year Membership of Indian Science Congress Association Kolkata, West Bengal.
- One Membership of Indian Gerontological Association, Jaipur, Rajasthan
- Life Membership of the Association of Clinical Psychology, New Delhi

Other Activities