




**ZAKIR HUSAIN DELHI COLLEGE**  
*(University of Delhi)*

**Faculty Details**

(Please Fill the form and Email it to [website@zh.du.ac.in](mailto:website@zh.du.ac.in))

<b>Title</b>	<b>First Name</b>	<b>Last Name</b>	<b>Photograph</b>
Dr.	Shyodan	Singh	
<b>Designation</b>	Associate Professor		
<b>Address</b>	378, C&D Block, Kanishka Apartment Shalimar Bagh, Delhi, 110088		
<b>Phone Number</b>	<b>Office</b>		
	<b>Residence</b>	8368542352	
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<b>Web Page</b>			
<b>Educational Qualification Ph.D</b>			
<b>Degree</b>	<b>Institution</b>	<b>Year</b>	
B.A	Agra University	1994	
M.A.	Dr. B.R. Ambedkar University Agra	1997	
Ph.D	University of Delhi	2005	
<b>Career Profile a</b>			
Associate Professor			
<b>Administrative Assignments</b>			
<b>Areas of Interest / Specialization</b>			

**Gerontology****Subjects Taught****Psychological Research and Statistics****Research Guidance****3 Student Awarded Ph.D****Publications Profile**

## A. Books

Singh, R., Radhey Shyam, & Singh, S. (Eds.) (2008). Psychoneuroimmunology: A Behavioural Approach. New Delhi: Global Vision Publishing House. ISBN 81-8220-262-0

Singh, S. (Ed.) (2008). Psychology of Sport Performance. New Delhi: Global Vision Publishing House. ISBN 81-8220-279-5

Singh, S. (Ed.) (2009). Organisation Behaviour. New Delhi: Global Vision Publishing House. ISBN 978-81-8220263-4

## B. Research Papers

Sangeet. O & Singh. S. (2022) Experiences of single-parent children in the current Indian context. *Journal of Family Medicine and Primary Care*, 11(7), 3789-3794.

Singh. S. (2021) Empowerment of elderly: An Indian insight. *Journal of Indian Health Psychology*, 15(2), 69-79

Singh. S. (2020) Well-Being of the Elderly: A psychosocial study. *Parishodh Journal*, IX(II), 3586-3592

Chao & Singh (2019) Researching community support services: A hope to empower the elderly in the tribal society. *Parishodh Journal* VIII (XII), 754-766

Jaiswal, S.K. & Singh, S. (2018) Exploring the effect of gender and cast Identity on Youth Activism, *Patilputra Journal of Indology*, Volume, 11, Issue 3 Page 331-337 ISSN/ISBN 2320-351X UGC Journal No. 41629

Punj, V.K. & Singh, S. (2018) Adaptive behaviour of Persons with Intellectual Disability and their Parents Quality of Community Life: A domain correlation study. *Journal of Personality and Clinical Studies*, 27(1&2), 65-76. ISSN/ISBN 09701206 UGC Journal No. 45251

Singh, S., Chao, D & Rajoria (2017) The Role of Yoga on Well-being of Indian Elderly. *Journal of Indian Health Psychology*, 12, 36-44, ISSN/ISBN 09735755 UGC Journal No. 45251

- Singh, S. & Chao, D. (2016) What makes elderly healthy? An Empirical inquiry into psycho-social dynamics. *Journal of Indian Health Psychology, 10*, 90-99. ISSN/ISBN 09735755 UGC Journal No. 45251
- Singh, S. (2009). Psycho-social contributors of healthy ageing. *Journal of Personality and Clinical Studies, 25* (1), 75-83. ISSN/ISBN 09701206 UGC Journal No. 47879
- Singh, S. (2009). Determinants of teacher effectiveness. *Journal of Personality and Clinical Studies, 25* (2), 61-66. ISSN/ISBN 09701206
- Singh, S. (2008). Psychosocial factors shaping adjustment during widowhood. *Psychological studies, 53*, 298-302 ISSN/ISBN 0033-2968 ugc list no. 32152
- Singh, S., & Pareek, R. (2007). Positive predictors of health. *Journal of Indian Health Psychology, 2*, 10-19. ISSN/ISBN 09735755
- Singh, S., & Chowdhury, A. (2007). Understanding work life balance: An empirical study of IT sector. *Global Journal Business Management, 1*, 1-9 ISSN/ISBN 0973-8533
- Singh, S., Malik, M., & Reema (2007). Role of psychosocial contributors on pathways to well-being. *Journal of Indian Health Psychology, 1*, 197-204. ISSN/ISBN 09735755
- Singh, S. (2006). Perceived health among women retirees. *Psychological studies, 51*, 166-170. ISSN/ISBN 0033-2968
- Singh, S. (2006). Understanding health: A biopsychsocial model. *Journal of Indian Health Psychology, 1*, 1-7. ISSN/ISBN 09735755
- Singh, S., & Dhillon, P.K. (2006). Understanding adjustment of retirees. *Helpage India - Research & Development Journal, 12*, 14-25. ISSN/ISBN 0972-0227
- Pareek, R. & Singh, S. (2008). Role of spirituality and life style in positive perspective of health. *Journal of Indian Health Psychology, 2*, 69-77 ISSN/ISBN 09735755
- Chowdhury, A., & Singh, S. (2007). Organisation culture: An exploratory study. *Global Journal Business Management, 2*, 10-22 ISSN/ISBN 0973-8533
- Dhillon, P.K., & Singh, S. (2005). Adjustment of women retirees: Role of health, social support, leisure activities, stress level and demographic variables. *Journal of Personality and Clinical Studies, 21*, 61-70. ISSN/ISBN 09701206
- Dhillon, P.K., & Singh, S. (2005). Retirement transitions, health and well-being. *Indian Journal of Gerontology, 19*, 213-222. ISSN/ISBN 0971-4189 List A  
Book Reviews
- Singh, S. (2007). Review of "Psychological Implications in Industrial Performance" by Ashok Pratap Singh and Patiraj Kumari. *Global Journal of Business Management, 1*, 137-138 ISSN/ISBN 0973-8533
- Book Chapters
- Singh, S. & Misra, I. (2017) Alternative Interventions for Fortifying Health of the Indian Elderly In G. Misra (Ed.), *Psychosocial Interventions for Health and Wellbeing*. New Delhi: Springer. 978-81-322-3782-2 for Ebook 978-81-322-3780-8 for hard cover

Shyodan Singh, D. Chao & Pravin Kumar (2016) Sampling techniques in Social Sciences. In Priyanka Sharma (Ed) Research in Social Sciences: Interdisciplinary Perspective (pp168-176). Kanpur: Social Research Foundation. ISBN : 978-81-921665-8-2

Singh, S. (2007). Positive health: A conceptual analysis. In Amrita Yadava and Nov Ratan Sharma (Eds), Positive health Psychology (pp.15-44). New Delhi: Global Vision Publishing House. ISBN 81-8220-195-0

Singh, S. (2007). Impact of social support on adjustment and health of retirees. In Rajbir Singh and Radey Shyam (Eds), Psychology of Well Being (pp 49-56). New Delhi: Global Vision Publishing House. ISBN 81-8220-196-9

Singh, S. (2006). Retirement. In Moazziz Ali Beg and Sangeeta Gupta Beg (Eds). Global Encyclopedia of the Theoretical Psychology (pp.950-961). New Delhi: Global Vision Publishing House. ISBN 81-8220-171-3

Singh, S. (2006) Work life balance: Challenge for the future. In Moazziz Ali Beg and Sangeeta Gupta Beg (Eds). Global Encyclopedia of the Theoretical Psychology (pp.1208-1213). New Delhi: Global Vision Publishing House. ISBN 81-8220-171-3

Singh, S. (2005) Determinant of health of retirees. In Rajbir Singh, Amrita Yadava and Nov Rattan Sharma (Eds). Health Psychology (pp.259-277). New Delhi: Global Vision Publishing House. ISBN 81-8220-109-8

Singh, S., & Chadha, N.K. (2004): Social support network among aged: Policy research. In N.K. Chadha (Ed.). Think Before Getting Grey (pp.63-94). Delhi: Friends Publication. ISBN 81-87798-15-7

**Conference Organization/ Presentations (in the last five years)**

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**Research Projects (Major Grants/Research Collaboration)**

S.No.	Year	Title	Period		Major/Minor	Sponsoring/ Funding Agency	
			From	To			
11	2012	Graceful Ageing: A Psycho-social Study	2012	2016	Major	ICSSR	
22	2013	Empowering the Elderly from Weaker Sections	2013	2014	Major	University of Delhi	
33	2015	The impact of yoga and physical exercise on well-being of elderly	2015	2016	Major	University of Delhi	

**Awards and Distinctions**

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**Association With Professional Bodies**

<b>Other Activities</b>