

ZAKIR HUSAIN DELHI COLLEGE UNIVERSITY OF DELHI



SUPPORTING DOCUMENT: 3.4.3

Title: Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the year 2021-22

COORDINATOR IQAC ZAKIR HUSAIN DELHI COLLEGE J.L.N. Marg. New Dekhi-110002



Extension and Outreach Programs (AY 2021-22)

NSS (National Service Scheme)

• Virtual Cleanliness Drive - August 2021 Number of Participants: 50

Poster of the Cleanliness Drive







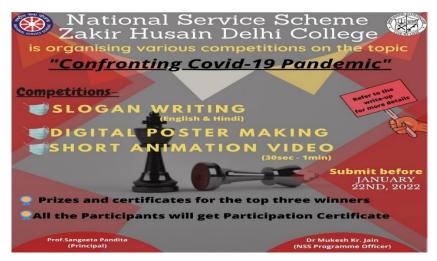
 Virtual Surya Namaskar – 14th January, 2022 Number of Participants: 100

Poster of the Event



 Slogan Writing, Digital Poster Making and Short Animated Video making contests on the theme of Confronting COVID-19 Pandemic – 22nd January, 2022 Number of Participants: 50

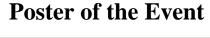
Poster of the Event

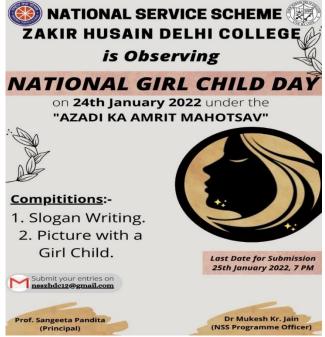




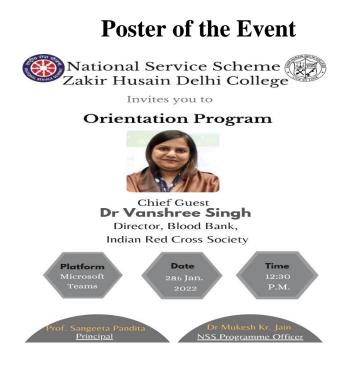


 Celebrate National Girl Child Day – 24th January, 2022 Number of Participants: 76





• Orientation Program – 28th Jan, 2022







COVID-19 Awareness Week – 17th February to 21st February, 2022



Photographs of the Awareness Drive





प्रामार्थ/Principal ज़ाकिर हुसैन दिल्ली महाविद्यालय Zakir Husain Delhi College त्ली किपयिवालय/University of Delhi रिक्रियिवालय/University of Delhi रिक्रियेवालय/University of Delhi Nukkad Natak on Mental Health – 31st March, 2022 Number of Participants: 50

Poster of the Event







Photograph of the Nukkal Natak (March 31, 2022)



प्राधार्य/Principal ज़ाकिर हुसैन दिल्ली महाविद्याल Zakir Husain Delhi College दिली क्रियविद्यात्य/University of De

• TAARUNYA'22 - 21st April, 2022

Poster of the Event



Prof. Narendra Singh Principal Prof. Mukesh Kr. Jain NSS Programme officer





Photographs of the Event (Dated: Aril 21, 2022)

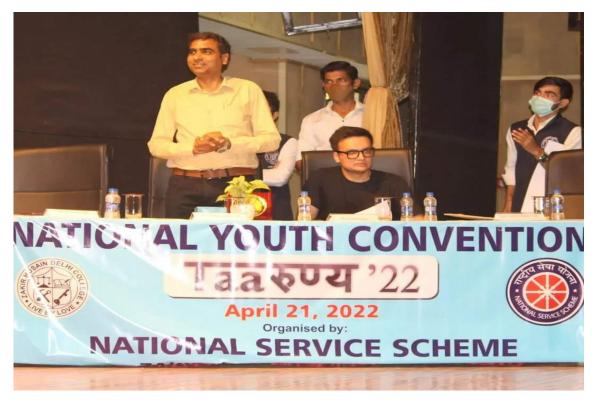


Welcoming the distinguished guests









Some Glimpse of the Event







Lamp Lighting



Student Activity



प्राचार्य/Principal प्राचार्य/Principal राकिर हुत्तैन दिल्ली महाविद्यालय देवkir Husain Delhi College सी क्लिवीरवारत्य/University of Delhi सहित्तीनक्वाउट/New Delhi-110002

NCC (National Cadet Corps), ZHDC



One of our **Cadet Prateek Chauhan**, did prestigious Republic day Camp, RDC, and walled on Rajpat and he also did Rajpat, He has also attended, Chief Minister's Rally, we are proud to say that he was all India Right Marker. And was among the selected few.

SUO Rishu Sharma, JUO Suhail khan, Cadet Sourav Sharma, Cadet Shubham Kundal, Cadet Yahya Khan, did trekking camp, At Patratu, Jharkhand. It was an amazing experience for our cadets, that were were able to attend this camp, they got most of the experience in one journey, such as organizing team, coordination, adjusting with limii resource, interaction with Other state cadets, learning about their culture and sharing knowledge. In NCC we don't need to do separate things to attain certain beneficiary, Our Cadets indulge in single activity and sufficiently it brings them Whole lot of experience.

One Of Our **JUO Roshan and Cadet Shivam Pandey,** went to UP. Kalagarh trekking, and it proved to be one of the most memorable journey for them, they witnessed, Extravagance of Nature and Rich habitant of forests, close to nature our cadets explored beyond everyday ex

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JUO Arihant Tiwari, JUO Kapil, JUO Piyush Pandey, cadet Raman went to Shivaji trail Trek, Kolhapur, Maharashtra much about the local history and about the legendary Chatrapati Shivaji Maharaja and his most expedition. In the way of trekking.

Our Cadets, SUO Amaan Khan, JUO Suhail Khan, JUO Arihant Tiwari, Cadet Shivanshu, Cadet Adarsh Dubey, Cadet Veer Sharma, did Guard of Honour to ADG Maj Gen Rk Mathur and celebrated 15th augustin very tremendous way.

SUO Amaan Khan went to IMA dehradun, for the attachment camp, it was once in a life time opportunity, he was highly motivated with this experience, very few get. There he Got 1st prize in Squaddrill competition.

Our Two Cadets, **CDT KULDEEP SINGH and CHM SAHIL BISHT** Got ADG Appreciation award for excellent performance in the NCC during the year, which is matter of pride for both our Unit, 7dbn and our College, Zakir Husain Delhi College.

Another Two of Our Cadet, **Cadet kuldeep Singh and Cadet Siddharth** Tyagi did Para Slithering in PMRally, Prime minister Rally.

Two of Our Cadet, **Cadet Shuvam Kundal and Lucky sisodiya** did PM rally from culture as Lead dance

SUO Amaan Khan, SUO Rishu Sharma, JUO Suhail khan,JUO Arihant Tiwari and Seargent Adarsh Dubey were the part of the guard team to Saheed captain Prithvi Singh dagar at Najafgarh. It was Very honourable Moment.







SUO Amaan Khan, SUO Rishu Sharma, JUO Roshan, JUO Suhail khan, JUO Arihant Tiwari, Cadet Sourav Sharma did ek Bharat Shrestha Bharat Camp, so did Cadet Veer Sharma, Cadet Kuldeep Singh, Cadet Naman Sharma, Cadet Abhijeet, Cadet Shivanshu, Cadet Praveen, JUO Piyush Pandey and Cadet Thomas, Which were hosted by different Directorate from all over the country.



Throughout the year, our cadets organised several outreach

Installante

awareness programme. Such were the celebration of International Yoga Day, in which our cadets prepared speeches and did yoga steps and explained the various benefit of the many asanas. It feels so good to celebrate something that is being celebrated internationally which is originated from India itself. Our Cadets also celebrated international Environment Day, and made poster and prepared speeches to motivate our fellow Cadets. Which were to motivate them to take initiative in individual level to spread the message of clean and green World. Our Cadets also celebrated world no Tobacco Day to tell the harms of it and the need to attain a healthy lifestyle, cadets made posters and prepared speeches. Cadets celebrated World water conservation day, with posters, speeches and poem to enlighten on the need of the hour to conserve water and sustain it for the upcoming generations.

To remember our Martyrs, our cadets celebrated 22nd kargil Vijay Diwas, and 50th year of 1970 warvictory, our cadets celebrated also the Saheed Diwas, cadets developed posters and speeches to remember our Martyrs, and our glorious victory.



• Poetry Competition on "VOICE OF NATURE" Dated- 15th August 2021

The Nature and Environment Society of Zakir Husain Delhi College organized a Poetry Competition on "VOICE OF NATURE". It marked our country's 75th year of Independence, where we joined to celebrate 'Azadi Ka Amrut Mahotsav'.

Prize winners English

- First Prize- Jayati Pandey (Gargi College)

- Second Prize- Shreya Singh (Gargi College)

- Third Prize- Akansha Rai (Zakir Husain Delhi College)

Hindi

-First Prize- Shiv Sagar (Zakir Husain Delhi College)

-Second Prize- Charu (Miranda House)

-Third Prize- Deepti(Zakir Husain Delhi College)

• Wildlife week 1st to 7th October 2021

ARANYA - The Nature and Environment Society of Zakir Husain Delhi College, University of Delhi celebrated the Wildlife Week from the 1st to 7th October 2021 under the banner of **VANYAJEEV MAHOTSAV.** We had a week full of exciting events to mark the importance of wildlife and its protection. Given below is the list of the events held:

1st October 21 - Slogan Writing Competition

3rd October 21 - Workshop (on site)

- 3rd October 21 A virtual tête-à-tête with Dr. Sonali Ghosh
- 4th October 21 Essay Writing

5th October 21 - Wildlife Quiz

6th October 21 - Photography Contest



प्राचार्य/Principal किर हुसैन दिल्ली महाविद्यालय akir Husain Delhi College ती क्विवियत्तय/University of Delhi दिल्लीन१०००२/New Delhi-110002

In the celebrations of World Wildlife Week, ARANYA organised an offline workshop cum volunteer work and an online lecture in **collaboration with the National Zoological Park, Delhi.**

The online lecture was headed by Dr Sonali Ghosh and Priyanka Chaudhary where they delved on how a zoo is managed, how the definition of a conventional zoological park has come to change with the gaining momentum of animal rights. It is no longer a cage with trapped animals for entertainment but a place to give a secure home for rescued animals unfit for survival in the wild. It gives a chance for endangered species to increase their numbers through conservation breeding programs with better bloodline like Sangai Deer, Asiatic lions etc. They talked at length about the various departments of the zoo that help in its smooth operation everyday, how animals are taken care of by the medical team and keepers. The food, daily activities through enrichment plans are ensured for a healthy life of wild animals. The lecture also opened the way for student volunteers and shed light upon various facilities of the zoo. The existence of a database like ZIMS to keep track of all animals in zoos worldwide and constant efforts put in to prevent inbreeding depression in animals. From the wonderful immersion exhibit plan along with the equipment acquired by the zoo to how we can work in zoos and various opportunities through Wildlife Sciences were also talked about. The event was remarkable and so was how patiently the speakers took the questions raised by the audience. The lecture interaction is going down as one of the highlights for the current academic year achievements of Aranya. As all good things must come to an end, the programme also did with a vote of thanks and now we wait for the debate competition on 7th October.

About Offline Workshop ------Dated: 3rd October 2021, from 11:00 am to 1:00 pm

Within the Wildlife Week celebrations organized by ARA highlight was the offline workshop where the functional intric zoo were dealt with, in collaboration with National Zoological



Delhi. The speaker, Dr. Faiyaz Khudsar, was charismatic and passionate. He started his lecture by talking about the biodiversity park project. Along with this, he also focused and shared his views on the nature of flora and fauna, and how human beings have adversely impacted on the same. He spoke at length on issues like the relevance of biodiversity parks, The Cheetah Project, ecological restoration and many more. He also told the volunteers some interesting stories about how anyone can become a part of the various biodiversity projects. There were two other wonderful speakers along with Dr. Faiyaz - Dr. Manoj Kumar, Biological Assistant, NZP, who lectured about the need for the zoos to have some regulatory bodies. Mr. Riaz Ahmed was also present and eloquently shared his thoughts about the History of Delhi and other wildlife related themes. The workshop got over around 1:00 pm and the tour around the zoo was open for all the members. There were some refreshments from the zoo along with an opportunity to interact with Dr. Faiyaz where volunteers went all out with their queries. It was a thoroughly enjoyable session for each participant that will be cherished.

Result Declaration for Vanyajeev Mahotsav

Dated: 12th October 2021

- The results of debate competition are as follows:
- First Position to Garima Singh from Zakir Husain Delhi College
- Second Position to Aakrati Patoria from Gargi College
- Third Position to Ritik Asthana from Sri Aurobindo College (M)
- The results of quiz competition are as follows:
- First Position to Shubhi Srivastava from Gargi College
- Second Position to Ayush Singh from Zakir Husain Delhi College and Tamanna Sharma from Gargi College
- Third position to Charu Joshi from Gargi College.
- The results of slogan writing are as follows:



- First Position to Annanya Mahajan from Mehr Chand Mahajan DAV College for Women, Chandigarh
- Second Position to Tanya Jain from Gargi College
- Third Position to Gunjan Singh from Shaheed Rajguru College of Applied Sciences for Women
- The results of photography contest are as follows:
- First Position to Aditya Dev S from Zakir Husain Delhi College
- Second Position to Tamanna Sharma from Gargi College
- Third Position to Manisha from Miranda House
- The results of essay writing are as follows:
- First Position to Ananya Pant from Banaras Hindu University
- Second Position to Purnima Porwal from Gargi College
- Third Position to Tushita Chhetri from Zakir Husain Delhi College

Nadi Ko Jano Workshop Dated- 24th January 2022

Aranya, under the Aegis of IQAC and in **association with Bharatiya Shikshan Mandal, Delhi Prant**, organized an engaging yet informative workshop on "NADI KO JANO", a nationwide campaign to protect and preserve our water bodies from continual depletion, thus ensuring a safer niche for marine life and ultimately the human race. Speaker, "Dr. Preeti Jagwani" (Sah-Pramukh Anusandhan Prakoshth, BSM Delhi Prant) along with technical expert, "Dr. Amarjeet Singh" (Sadasya "Nadi Ko Jano" Abhiyan Delhi Prant) were invited to grace the event.

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Poster of the Workshop



• We Can Campaign Dated- 26th to 28th January 2022

We at Aranya believe that ``Tiniest steps undertaken, sieve the mightiest future" and hence to commemorate this year's Republic Day we proudly announced a two-day campaign- 'We Can', aimed at a greener and cleaner India. The We Can Fest, which took place from the 26th to the 28th of January, attracted a large number of participants, not only from Zakir Husain Delhi College's professors and teachers, but also from outside parties including Mr. Vasuki Iyengar, the founder of 'Soil and Health' and Mr. Mohit Relan, Mr. Ramveer Tanwar and Mr. Devansh from 'Say Earth'. We took over social media and encouraged everyone to contribute to Mother Nature's preservation.

• World Wetland Day Dated- 2nd February 2022

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A wonderful and informative talk on the topic 'Are we running out of water?' was conducted by Dr. Reeta Khosla on World Wetlands Day to emphasize water resources conservation. With utmost zeal & enthusiasm, our hosts Meesam Naqvi and Ifra Fatima hosted the entire session. Dr. Ratnum Kaul Wattal, the convener of Aranya, briefed us about rising concerns over depleting water resources and invited our guest speaker. The talk focused on the Ramsar Convention, a treaty that provides a solution to save the wetland resources. A fine approach of water audit that helps in quantifying the water flow delivered in the system to understand its use, check for the losses, and hence reach a step closer to the preservation of water resources was discussed, with the help of fine illustrations presented by her. An effective DIY to store rainwater and generate its harvesting at an individual level using the 'drum method' was descriptively explained. Contributing to the initiatives undertaken by the gov and being responsible citizens is a hope to reverse the depleting scenario of these environmental jewels. Dr. Khosla addressed all the queries and concluded on a positive note that if each individual considers the preservation of worldly resources its priority, nothing is unachievable. The session was wrapped up by thanking the speaker, Dr. Khosla, Hon'ble Principal Mam, Prof. Sangeeta Pandita, Dr. Wattal, and the backbone of the session, the Aranya family. A small token of gratitude in the form of Madhubani artwork was virtually presented by Arnab Adhikari on behalf of the entire team. The precious moments were captured in photographs and everyone bid farewell, aiming to be more dutiful towards the resources given to us by mother nature. After all. Earth is what we all have in common.

Department of Botany

The Department reverted to offline classes during the academic session 2021-22 for the first time since the start of the pandemic. A¹¹ academic activities were conducted online till December 2021; thereafter activities activities were conducted online till December 2021; thereafter activities activities activities activities were conducted online till December 2021; thereafter activities activ

challenges, in terms of getting students on campus and helping them get over their problems. To refresh the working knowledge of laboratory practices, two offline workshops – **Refresher Course in Lab Techniques** (February 7-11, 2022) and **Workshop on Digital Upskilling** (February 15-17, 2022) were organized for the laboratory staff. A detailed manual was also prepared for their reference. Various activities were organized online to keep students and faculty abreast with the latest developments in science. Workshops were organised on topics relevant to the undergraduate curriculum. Large participation was witnessed in these events.

- Webinar organised in collaboration with the IQAC on "Deciphering Mucor mycosis and its Post Covid Surge" on June 18, 2021.
- Webinar organised in collaboration with EEZEEGROW Hydroponics on "Lets learn Hydroponics The future of Smart Farming" on October 5, 2021.
- National Workshop on **"Bioinformatics: Resources, Tools and it's Applications"** on July 19-27, 2021.
- Webinar on **"From Analog Environments to Careers in Astrobiology"** by Graham Lau November 16, 2021.
- National Workshop on **"Statistical Analysis of Biological Data"** on January 17 February 21, 2022.

Several faculty members published research/ review articles, chapters in books, as well as delivered talks at different academic platforms. Ph. D students are also being guided for research by some of the faculty of the department. Many members participated as resource persons in national workshops. Many students who graduated in 2021 (Batch 2018-21) enrolled for higher education in institutes/ universities of eminence.

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Screenshots of the Events

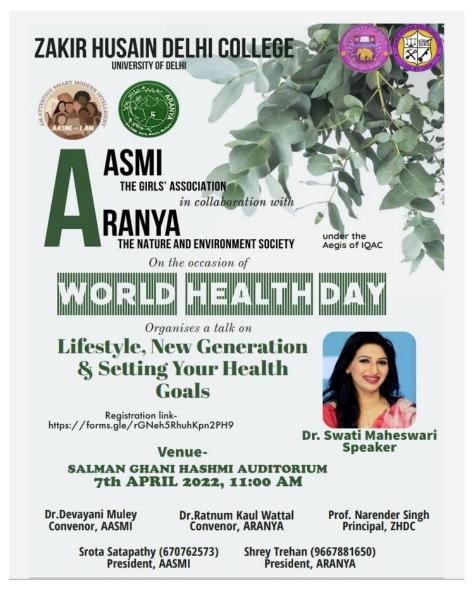






ASMI - Girl's Association in Collaboration with Aranya

Poster of the Event





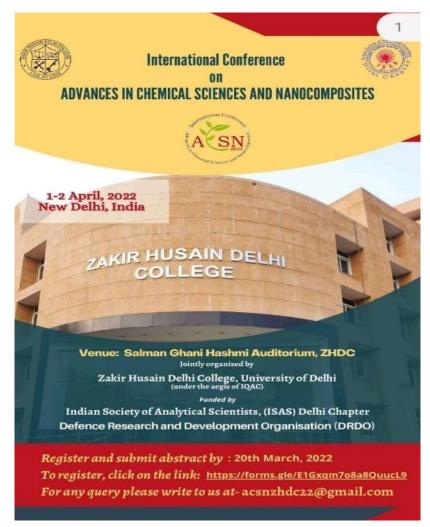


Glimpes of the Event (April 7, 2022)



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International Conference on Advances in Chemical Sciences and Nanocomposites



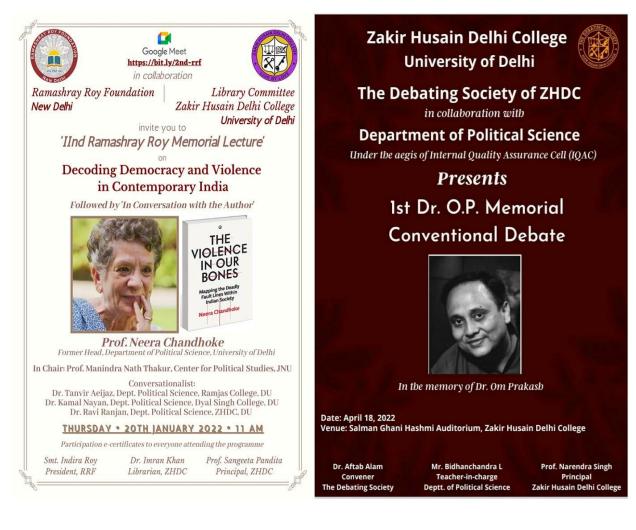
Poster of the Conference





Memorial Lecture

Posters







Department of Zoology

Posters of the Events







List of Participants: The Madras Crocodile

Email Address	Name	Course and Semester
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ajeetsingh3032001@gmail.com	Ajeet singh	Zoology honors , 4
hassanian816044@gmail.com	Ghulam Hassanain	Bsc H zoology and 1st semester
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ramg66051@gmail.com	Ram manohar gupta	Bsc. Zoology IV Sem.
anshulsinghthakur867@gmail.com	Anshul Singh	Bsc prog. Life science Sem -1
ayman.nasirkhan007@gmail.com	Ayman Nasir Khan	BSc (Hons) Zoology 6th semester
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COORDINATOR IQAC ZAKIR HUSAIN DELHI COLLEGE J.L.N. Marg, New Delhi L10002 NSA प्रापार्य/Principal जाहिर हुसैन दिल्ली महाविष्ट Zakir Husain Delhi Colli दिल्ली विषयविवासव/University of

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adityarana660@gmail.com	Aditya Rana	Bsc Hons zoology





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Gandhi Study Circle

DGLS SESSION 4 Indian Ideas of Freedom

On 28th July 2021, Gandhi Study Circle of Zakir Husain Delhi College, University of Delhi organized the 4th session of the Distinguished Gandhi Lecture Series on the theme 'Indian Ideas of Freedom' by Dennis Dalton (Emeritus Professor of Political Science, Barnard College, Columbia University). The session was chaired by Prof. A. Raghuramaraju (Professor, Department of Humanities and Social Sciences Indian Institute of Technology, Tirupati). The lecture was drawn from the rich Indian intellectual tradition and highlighted the conceptual correspondence among seven Indian creative minds on the core idea of 'Freedom'.





प्रायार्थ/Principal प्रायार्थ/Principal हर हुत्तैन दिल्ली महाविद्यालय ir Husain Delhi College बिव्यवियालय/University of Delhi

GANDHI JAYANTI CELEBRATION 2021-22

DGLS SESSION 5

Non-willing Freedom: How Gandhi Matters Today

The society organized the 5th Session of the Distinguished Gandhi Lecture Series on the theme 'Non-Willing Freedom: How Gandhi Matters Today' on 30th September 2021. Prof. Ajay Skaria, (Department of History, Institute for Global Studies, University of Minnesota) delivered an insightful talk including some new viewpoints on Gandhi and his utmost relevance today. The session was chaired by Professor Bindu Puri, (Centre for Philosophy, School of Social Sciences, Jawaharlal Nehru University). The session was attended by an overwhelming number of enthusiastic students and some eminent scholars.







Activities/Events

Apart from organizing the 5th Session of the Distinguished Gandhi Lecture Series on the occasion of the Gandhi Jayanti Celebration, the society also organized various activities independently and in collaboration with the Gandhi Study Circle of other colleges of the University of Delhi.

The Mind Management Team of the society organized an Interactive Session titled 'Mind Your Mind'. The session revolved around handling stress and anxieties through simple relaxation techniques. The celebration was followed by an Interactive Session 1 on the theme 'Practicing Gandhi: The Challenges Today', delivered by Dr. Ramchandra Pradhan (Social Activist and Eminent Gandhian Scholar); A theme-based (Ahimsa: A Path to Liberation) Poetry Competition in collaboration with Gandhi Study Circle of Miranda House.



The celebration was followed by an Interactive Session 2 on the theme 'Gandhi: The Relevance of His Philosophy in a Modern Age', delivered by H.E. Dr. Roger Gopaul (High Commissioner for the Republic of Trinidad and Tobago); an independent theme-based (Gandhi and His Work) Quiz Competition; A theme-based (Speaking With Gandhi) Speech Competition in collaboration with Gandhi Study Circle of Miranda House; and lastly a Documentary Review Competition in collaboration with Gandhi Study Circle of Mata Sundari College.



DGLS SESSION 6 Gandhi's Critique of Violence

Gandhi Study Circle, Zakir Husain Delhi College (University of Delhi), organized the 6th Session of the Distinguished Gandhi Lecture Series on the theme 'Gandhi's Critique of Violence' on 1st December 2021. Professor Karuna Mantena (Department of Political Science, Columbia University) delivered an insightful and thought-provoking talk including some new viewpoints on Gandhi and his critique of violence. The session was chaired by Professor Usha Thakkar (Eminent Gandhian Scholar & President, Mani Bhavan). The session was attended by an overwhelming number of Gandhian enthusiasts and some eminent scholars.

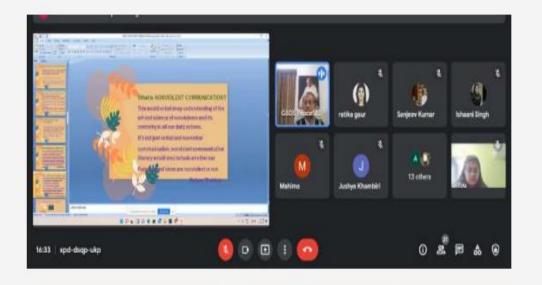




प्राधार्य/Principal किर हुत्तैन दिल्ली महायिद्यालय akir Husain Delhi College ो विययियात्त्य/University of Delhi

Certificate Course Orientation

Gandhi Study Circle, Zakir Husain Delhi College initiated the First Batch of the Short-term Certificate Course on 'Non-Violent Communication' jointly offered by Gandhi Study Circle, Zakir Husain Delhi College, and Gandhi Smriti and Darshan Samiti (Ministry of Culture). The course commenced with an Orientation Program on 18th February 2022. The Orientation Session was attended by the students enrolled in the course.



Dr. Vedabhyas Kundu (Program Officer, Gandhi Smriti, and Darshan Samiti) and our Convenor Dr. Sanjeev Kumar briefed us about the importance of Non-Violent Communication as a significant value to be inculcated in an individual's life. In this 30 Hours Value-added Certificate Course, the classes are engaged in different aspects of Non-Violent Communication.





Mind Management Orientation

The orientation of Mind-Management Classes took place in a virtual mode on 8th January 2022 at 11 A.M. The event was presided by the honourable Chief Guest, sister Pooja Kansal, the venerable Principal, Ms.Sangeeta Pandit, much respected Dr. Sanjeev Kumar, Associate Professor and Convener of Gandhi Study Circle and the revered faculty members- Ms. Shailza Gupta and Dr. Shabana Azmi.



Honourable Chief guest, sister Pooja Kansal started off by taking us through a brief flashback of the lives we've spent so far and apprised the gathering by sharing a general philosophy of different balances one is required to make through different phases of life and how we often neglect the most important management, which is of mind. She explained different techniques for maintaining a stress-free life such as meditation.

Charkha Spinning & Book Reading Club Orientation

On 12th April 2022, the Gandhi Study Circle launched its third flagship project- 'Speaking With Gandhi'- an initiative that aims to create a collective of students engaged in identifying, engaging with, deliberating upon, and attempting to understand various literature around Gandhi, his ideas and ideals, his contemporaries, and the debates that emerge thereon. The Study Circle also identified the text for its first session- 'The Mahatma And The Poet' - a collection of letters between Tagore and Gandhi, corroborated by S Bhattacharya.





The event also observed the orientation program for the ongoing Charkha Spinning Classes. The program was aimed at first-year students. The orientation was graced by the presence of Shrimati Indu Bala, who demonstrated the workings of the charkha to the curious audience. The orientation was concluded with older members sharing their experiences with the fabled charkha.



REPUBLIC DAY AND MARTYRS' DAY

DGLS SESSION 7: On Moral Crueity

On Martyr's Day this year, Gandhi Study Circle of Zakir Husain Delhi College (University of Delhi), organized the Seventh Session of the Distinguished Gandhi Lecture Series' on the theme 'Moral Cruelty: Gandhi, Dignity, and Resentment'. On 30th January 2022, Professor Aishwary Kumar (Eminent Political Theorist and Intellectual Historian, Stanford University, USA) delivered an engaging and compelling lecture highlighting the philosophy behind moral cruelty and how it is all weaved together with resentment and dignity.



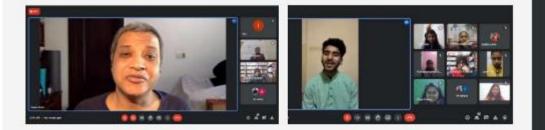
Adding to this, Gandhian ideology and examples of Ambedkar made the listeners rethink the ideas of political and moral movements through history and in present. The session was attended by an overwhelming number of enthusiastic students, scholars, and professors who actively participated and enhanced the experience.



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Activities/Events

Apart from the 7th Session of the DGLS, the society also organized other activities and events as a part of the Republic Day and Martyrs' Day Celebration from 26th to 30th January 2022. The activity/events included: Interactive Session 3 on the theme 'What Help You Can Get From Gandhi's Life and Thoughts?', delivered by Sopan Joshi (Eminent Public Intellectual, Activist, Researcher, and Journalist); the society organized its First Cultural Program titled (Yugapurusha). The program was based on the theme 'Gandhian Values and Freedom Struggle'. Large and active participation was witnessed in the form of dance, music, poetry, and art with entries from various colleges.



Following the Cultural Program, the society organized a student-led Presentation on Gandhian Values and Principles — ensuing a wonderful Documentary Screening, as a tribute to Gandhi for leaving one of the greatest legacies. A large number of witnesses were observed during the screening, from different colleges not only from the University of Delhi but also from other universities.

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RETREAT TRIP TO MANESAR

On 26th March, students of Mind Management Classes paid a visit to the Retreat Centre in Manesar, Gurugram as a part of a workshop. They were accompanied by Ms. Shailza Gupta, Trainer, MMC, ZHDC, and Dr. Shabana Azmi, Teacher Coordinator, MMC, ZHDC. Students had a great experience by learning about the practical implications of how to manage one's stresses and anxieties. They also took part in various activities where they learned how nature can be the greatest teacher and one can learn the qualities of moving on, patience, calmness selfcare, and self-growth from nature.



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The students were also given a presentation by BK Sanjeev which was followed by Lunch. Overall, it was a very insightful experience for all.



SPECIAL WORKSHOP: REALIZING THE MODERN MAHATMA WITHIN US



Gandhi Study Circle of Zakir Husain Delhi College, University of Delhi under the aegis of the Internal Quality Assurance Cell, organized its first offline event since the college reopened after the Covid shutdown, in the form of an Interactive Workshop on the theme 'Realising the Modern Mahatma Within Us' on 30th March 2022. His Excellency Dr. Roger Gopaul, High Commissioner for the Republic of Trinidad and Tobago was the Chief speaker at the event.



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Amidst the beautiful display of rangoli, various artworks, and the Charkha Spinning skills, the auditorium foyer had an enchanting look. Students from different colleges of Delhi University registered their presence. Dr. Gopaul illuminated the audience on the true meaning of 'Mahatma' as one's highest self, appealing for a positive moral attitude towards life. He conducted a survey to gauge the level of depression among the audience and presented the idea of 'self' from different perspectives.



Presenting a case study, His Excellency also highlighted the need and way to replace negative self-talk with truth and positivity. The ultimate realization of one's true self with a positive attitude and self-motivating spirit was the major takeaway from the workshop. The event turned out as an eye-opener for all present on mental health and one's own identity.





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Guest Lecture: The Democratic Man

Gandhi Study Circle of Zakir Hussain Delhi College, University of Delhi organized a Special Guest Lecture on the theme 'The Democratic Man' as a part of our Annual GSC Fest 2022 (21st to 22nd April). Our chief speaker, Dr. Anuradha Veeravalli, talked about her perspective of how she sees Gandhi as a philosopher. The session gave a different view of Mahatma Gandhi which not many of us has seen. The active participation of the audience throughout the session and especially during the question and answer round made the session even more lively, informative, engaging, and insightful.





Activities/Events

The Annual Fest was followed by a 'Quiz Competition' on the theme: Lesser Known Gandhi's Life, in collaboration with Quintessence: The Quiz Society of Zakir Husain Delhi College. Students from various colleges of Delhi University participated actively and enthusiastically; the fest was followed by a 'Poster-making Competition Cum Exhibition' in collaboration with Suchita, the Fine Arts Society of Zakir Husain Delhi College as a part of its Annual Fest 2022 titled 'GANDHI AUR HUM'. The theme of the competition was: How I Understand Gandhi. The event saw heavy active and enthusiastic participation from students of different colleges of Delhi University.





Lastly, the society organized 'Sahityesh: Gandhi Literary Festival' in collaboration with Anurodaya: the Hindi Literary Society, Zakir Husain Delhi College. Under the festival, two competitions were organized: Kalamkaar: Literary Composition Competition and Kavyanchal: Poetry Recitation Competition. Both the competitions observed great competition and engagement from participants across the University.



