

# ZAKIR HUSAIN DELHI COLLEGE (University of Delhi)



# **Faculty Details**

(Please Fill the form and Email it to website@zh.du.ac.in)

Mr.	ABHINA	V	SIN	GH		Photograp	h
Designation	Assistant I	Assistant Professor					Live By Love
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Phone Number	Office		-				
	Residence	:	-				
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Educational Qualifica	ation						
Degree		Institution			Year		
M.A. Psychology		University	of De	elhi	2019		
B.A. (H) Psychology		University	of De	elhi	2017		
Career Profile							
Designation	Instit	ution			Durati	on	Status
Assistant Professor	Zakir Husain	Delhi Colleg	ge	January	y 2024	- Present	Permanent
	(Universit	y of Delhi)					
Assistant Professor	Daulat Ra	m College		January	2022	- January	Guest
	(Universit	y of Delhi)		2024	(with	Break)	Faculty
Research Assistant	All India Instit	ute of Medi	cal	August		- January	Contractual
(Psychologist)	Sciences, I	New Delhi			2022	2	
Administrative Assign	nments						
- Member, Pro	ctorial Board		_		_		
- Member, Skill	Development a	and Learnin	ıg Cei	nter			
- Member, Pros	spectus Commit	tee (2024-2	5)				
- Member Ann	uul Report Cor	mittoo (202	72 71	)			

- Member, Annual Report Committee (2023-24)

Areas of Interest / Specialization

- Cognitive and Developmental Psychology
- Training and Development

### Subjects Taught

- Research Methods in Psychology (DSE-Hons)
- Child and Adolescent Development (DSC-Hons)
- Foundations of Developmental Psychology (G.E.)
- Biopsychology (DSC-Prog)
- Statistical Methods and Psychological Testing (DSC-Prog)
- Development of Psychological Thought (DSC Hons)
- Psychology of Individual Differences (DSC-Hons)
- Understanding Mental Disorders (DSC-Hons)
- Emergence and Growth of Psychology (DSC-Prog)
- Developmental Psychology (DSC- Prog)
- Organizational Behavior (DSC-Hons)
- VAC Emotional Intelligence
- VAC Art of Being Happy
- IACP
- Dissertation

## **Research Guidance**

Undergraduate Dissertation Projects						
Name of Student	Course	Supervisor	Institution	Title of Thesis		
Nisha Sapra	B.A. (Hons.)	Abhinav	ZHDC- DU	"COGNITIVE FAILURES AND		
	Psychology	Singh		SOCIAL MEDIA USE AS		
	(Final Year-			VARIATES OF INTERNET		
	May 2024)			ADDICTION AMONG		
				COLLEGE STUDENTS OF		
				DELHI NCR".		
Vaishnavi	B.A. (Hons.)	Abhinav	ZHDC- DU	<b>"UDERSTANDING THE</b>		
Chaudhari	Psychology	Singh		RELATIOSHIP		
	(Final Year-	_		OF NOMOPHOBIA WITH		
	May 2024)			MEASURES OF HEALTH		
	- /			AND PERSONALITY AMONG		
				COLLEGE STUDENTS".		

### **Publications Profile**

- Symposium Submission: rTMS and Schizophrenia: Recent Updates. Indian Journal of Psychiatry: March 2022 - Volume 64 - Issue Suppl 3 - p S633 doi: 10.4103/0019-5545.341849
- Social Psychiatry and Digital Mental Health Care. Abstracts of the WASP Asia Pacific Hybrid Congress 2021. Abstracts of the WASP Asia Pacific Hybrid Congress 2021. World Social Psychiatry 3(3):p 234-333, Sep–Dec 2021. | DOI:10.4103/wsp.wsp\_60\_21 Availablefrom: <u>https://journals.lww.com/wp sy/fulltext/2021/03030/abstracts of the wasp asia pacific hybrid congress.22.aspx</u>

- Member, Organizing Committee for Refresher course on, Mental Health in Higher Education Institution: A Step Towards Viksit Bharat (Ramanujan College UGC-MMTTP & Department of Psychology, University of Delhi Feb-March 2025)
- Member, Organizing Committee for Refresher course on, "Indian Knowledge Tradition, Human Values and Ethics" (ZHDC & UGC-MMTC-JNU Dec 2024-Feb 2025)
- Member, Organizing Committee, MuN Society Function (2023-24)
- ✤ Presented paper titled, "Cybercrimes, Nature of Victimization and Media Portrayal in India: Statistical Insights and Policy Implications for Vulnerable Populations", at 11th International Conference on Victim Assistance from 19th – 21st October 2022 at Centre for Victimology and
- Co-authored symposium titled, *"rTMS and Schizophrenia: Recent Updates"*, held on 26-03-2022 at the 73<sup>rd</sup> Annual National Conference of Indian Psychiatric Society 2022. Presentation sub-topic: Role of rTMS in Schizophrenia
- Primary author of Symposium titled "Social Psychiatry and Digital Mental Healthcare" held on 16-09- 2021 at the WASP Asia Pacific Hybrid Congress 2021, Department of Psychiatry & NDDTC, AIIMS, New Delhi. Co-Authors: Kumar, N., Jakhar, J., and Khandelwal. K.
- Presented poster titled, "Mind's Eye of a Blind Eye": Capacity for Mental Representational Change in Children with Total Congenital Blindness" at 7th Annual Conference of Cognitive Science (ACCS7) organized by IIT Kanpur on 23-25 January 2021, Online. Abstract published in abstract book (p. 122)
- Presented paper (2018) titled, "*Physiological Arousal and Central Executive functioning among college students with healthy BMI*" at International Conference on Positive Psychology for Heath and Well Being at Guru Jambheshwar University of Science and Technology.

#### Research Projects (Major Grants/Research Collaboration)

- "Digital mental health care DMHC and well-being program: in Primary/Community Healthcare Centre in Ranchi district of Jharkhand." Funded by DBT-BIRAC and Monitored by IKP. PI: Dr. Nand Kumar and **Co-PI, Mr. Abhinav Singh Katiyar** 

Awards and Distinctions

- ICSSR Doctoral Fellowship
- College Merit Scholarship holder for securing highest marks during B.A. (H) Psychology

Association With Professional Bodies

er Ac	tivities
*	4-Week <i>Faculty Induction/Orientation Programme</i> for Faculty in Universities/Colleges/Institutions of Higher Education" from 21 February – 19 March 2024 and obtained Grade A+ from teaching Learning Centre, Ramanujan College, University of Delhi under Ministry of Education, MMTTP.
*	NEP 2020 Orientation & Sensitization Programme (FDP) from 1st
	February – 9th February 2024 at Centre for Professional Development in
	Higher Education (UGC-MMTC), University of Delhi.
*	5th <i>National CME on Repetitive Transcranial Magnetic Stimulation</i> organized by Department of Psychiatry, AIIMS, New Delhi in association with Neuromodulation Society (India) and Indian Psychiatric Society.
*	Technology, Mind & Society: Showcase, American Psychological Association.
	<i>"Immediate Care for Psychological Events and Emergencies"</i> in the context of COVID-19 pandemic organized by Department of Mental Health Education, NIMHANS, Bangalore, Karnataka.
*	National Seminar on " <i>Ethics in Psychological Research</i> " organized by the Department of Psychology, University of Delhi under UGC-(SAP) DRS I.
*	International Conference on Indian Culture and Psychology: A Consciousness Perspective, Swadeshi Indology Conference Series on Indian Mind Science organized by the Department of Psychology, University of Delhi.
*	IIC-AIIMS Mental Health Series Panel Discussion: 1) Children &
	Adolescents Mental Health: Inclusions, Rights& Social Challenges and 2) Balancing the States of Mind.