

# ZAKIR HUSAIN DELHI COLLEGE (University of Delhi)



# **Faculty Details**

(Please Fill the form and Email it to website@zh.du.ac.in)

| Mr.                   | ABHINA                                 | V                     | SIN     | GH                |            | Photograp | h            |
|-----------------------|--|-----------------------|---------|-------------------|------------|-----------|--------------|
| Designation           | Assistant I                            | Assistant Professor   |         |                   |            |           | Live By Love |
| Address               | -                                      | -                     |         |                   |            |           |              |
| Phone Number          | Office                                 |                       | -       |                   |            |           |              |
|                       | Residence                              | :                     | -       |                   |            |           |              |
|                       | Mobile                                 |                       | 9910    | 824555            |            | A.        | PA           |
| Email Id              | abhinav.si                             | ngh@zh.du             | ı.ac.iı | n                 |            |           |              |
| Web Page              | <u>www.linke</u><br><u>katiyar-810</u> | edin.com/in<br>)82481 | n/abł   | <u>ninav-sing</u> | <u>gh-</u> |           |              |
| Educational Qualifica | ation                                  |                       |         |                   |            |           |              |
| Degree                |  | Institution           |         |                   | Year       |           |              |
| M.A. Psychology       |  | University            | of De   | elhi              | 2019       |           |              |
| B.A. (H) Psychology   |  | University            | of De   | elhi              | 2017       |           |              |
| Career Profile        |  |                       |         |                   |            |           |              |
| Designation           | Instit                                 | ution                 |         |                   | Durati     | on        | Status       |
| Assistant Professor   | Zakir Husain                           | Delhi Colleg          | ge      | January           | y 2024     | - Present | Permanent    |
|                       | (Universit                             | y of Delhi)           |         |                   |            |           |              |
| Assistant Professor   | Daulat Ra                              | m College             |         | January           | 2022       | - January | Guest        |
|                       | (Universit                             | y of Delhi)           |         | 2024              | (with      | Break)    | Faculty      |
| Research Assistant    | All India Instit                       | ute of Medi           | cal     | August            |            | - January | Contractual  |
| (Psychologist)        | Sciences, I                            | New Delhi             |         |                   | 2022       | 2         |              |
| Administrative Assign | nments                                 |                       |         |                   |            |           |              |
| - Member, Pro         | ctorial Board                          |                       | _       |                   | _          |           |              |
| - Member, Skill       | Development a                          | and Learnin           | ıg Cei  | nter              |            |           |              |
| - Member, Pros        | spectus Commit                         | tee (2024-2           | 5)      |                   |            |           |              |
| - Member Ann          | uul Report Cor                         | mittoo (202           | 72 71   | )                 |            |           |              |

- Member, Annual Report Committee (2023-24)

Areas of Interest / Specialization

- Cognitive and Developmental Psychology
- Training and Development

### Subjects Taught

- Research Methods in Psychology (DSE-Hons)
- Child and Adolescent Development (DSC-Hons)
- Foundations of Developmental Psychology (G.E.)
- Biopsychology (DSC-Prog)
- Statistical Methods and Psychological Testing (DSC-Prog)
- Development of Psychological Thought (DSC Hons)
- Psychology of Individual Differences (DSC-Hons)
- Understanding Mental Disorders (DSC-Hons)
- Emergence and Growth of Psychology (DSC-Prog)
- Developmental Psychology (DSC- Prog)
- Organizational Behavior (DSC-Hons)
- VAC Emotional Intelligence
- VAC Art of Being Happy
- IACP
- Dissertation

## **Research Guidance**

| Undergraduate Dissertation Projects |              |            |             |                          |  |  |
|-------------------------------------|--------------|------------|-------------|--------------------------|--|--|
| Name of<br>Student                  | Course       | Supervisor | Institution | Title of Thesis          |  |  |
| Nisha Sapra                         | B.A. (Hons.) | Abhinav    | ZHDC- DU    | "COGNITIVE FAILURES AND  |  |  |
|                                     | Psychology   | Singh      |             | SOCIAL MEDIA USE AS      |  |  |
|                                     | (Final Year- |            |             | VARIATES OF INTERNET     |  |  |
|                                     | May 2024)    |            |             | ADDICTION AMONG          |  |  |
|                                     |              |            |             | COLLEGE STUDENTS OF      |  |  |
|                                     |              |            |             | DELHI NCR".              |  |  |
| Vaishnavi                           | B.A. (Hons.) | Abhinav    | ZHDC- DU    | <b>"UDERSTANDING THE</b> |  |  |
| Chaudhari                           | Psychology   | Singh      |             | RELATIOSHIP              |  |  |
|                                     | (Final Year- | _          |             | OF NOMOPHOBIA WITH       |  |  |
|                                     | May 2024)    |            |             | MEASURES OF HEALTH       |  |  |
|                                     | - /          |            |             | AND PERSONALITY AMONG    |  |  |
|                                     |              |            |             | COLLEGE STUDENTS".       |  |  |

### **Publications Profile**

- Symposium Submission: rTMS and Schizophrenia: Recent Updates. Indian Journal of Psychiatry: March 2022 - Volume 64 - Issue Suppl 3 - p S633 doi: 10.4103/0019-5545.341849
- Social Psychiatry and Digital Mental Health Care. Abstracts of the WASP Asia Pacific Hybrid Congress 2021. Abstracts of the WASP Asia Pacific Hybrid Congress 2021. World Social Psychiatry 3(3):p 234-333, Sep–Dec 2021. | DOI:10.4103/wsp.wsp\_60\_21 Availablefrom: <u>https://journals.lww.com/wp sy/fulltext/2021/03030/abstracts of the wasp asia pacific hybrid congress.22.aspx</u>

- Member, Organizing Committee for Refresher course on, Mental Health in Higher Education Institution: A Step Towards Viksit Bharat (Ramanujan College UGC-MMTTP & Department of Psychology, University of Delhi Feb-March 2025)
- Member, Organizing Committee for Refresher course on, "Indian Knowledge Tradition, Human Values and Ethics" (ZHDC & UGC-MMTC-JNU Dec 2024-Feb 2025)
- Member, Organizing Committee, MuN Society Function (2023-24)
- ✤ Presented paper titled, "Cybercrimes, Nature of Victimization and Media Portrayal in India: Statistical Insights and Policy Implications for Vulnerable Populations", at 11th International Conference on Victim Assistance from 19th – 21st October 2022 at Centre for Victimology and
- Co-authored symposium titled, *"rTMS and Schizophrenia: Recent Updates"*, held on 26-03-2022 at the 73<sup>rd</sup> Annual National Conference of Indian Psychiatric Society 2022. Presentation sub-topic: Role of rTMS in Schizophrenia
- Primary author of Symposium titled "Social Psychiatry and Digital Mental Healthcare" held on 16-09- 2021 at the WASP Asia Pacific Hybrid Congress 2021, Department of Psychiatry & NDDTC, AIIMS, New Delhi. Co-Authors: Kumar, N., Jakhar, J., and Khandelwal. K.
- Presented poster titled, "Mind's Eye of a Blind Eye": Capacity for Mental Representational Change in Children with Total Congenital Blindness" at 7th Annual Conference of Cognitive Science (ACCS7) organized by IIT Kanpur on 23-25 January 2021, Online. Abstract published in abstract book (p. 122)
- Presented paper (2018) titled, "*Physiological Arousal and Central Executive functioning among college students with healthy BMI*" at International Conference on Positive Psychology for Heath and Well Being at Guru Jambheshwar University of Science and Technology.

#### Research Projects (Major Grants/Research Collaboration)

- "Digital mental health care DMHC and well-being program: in Primary/Community Healthcare Centre in Ranchi district of Jharkhand." Funded by DBT-BIRAC and Monitored by IKP. PI: Dr. Nand Kumar and **Co-PI, Mr. Abhinav Singh Katiyar** 

Awards and Distinctions

- ICSSR Doctoral Fellowship
- College Merit Scholarship holder for securing highest marks during B.A. (H) Psychology

Association With Professional Bodies

| er Ac | tivities  |
|-------|---|
| *     | 4-Week <i>Faculty Induction/Orientation Programme</i> for Faculty in Universities/Colleges/Institutions of Higher Education" from 21 February – 19 March 2024 and obtained Grade A+ from teaching Learning Centre, Ramanujan College, University of Delhi under Ministry of Education, MMTTP. |
| *     | NEP 2020 Orientation & Sensitization Programme (FDP) from 1st   |
|       | February – 9th February 2024 at Centre for Professional Development in  |
|       | Higher Education (UGC-MMTC), University of Delhi.   |
| *     | 5th <i>National CME on Repetitive Transcranial Magnetic Stimulation</i> organized by Department of Psychiatry, AIIMS, New Delhi in association with Neuromodulation Society (India) and Indian Psychiatric Society.   |
| *     | Technology, Mind & Society: Showcase, American Psychological Association.   |
|       | <i>"Immediate Care for Psychological Events and Emergencies"</i> in the context of COVID-19 pandemic organized by Department of Mental Health Education, NIMHANS, Bangalore, Karnataka.   |
| *     | National Seminar on " <i>Ethics in Psychological Research</i> " organized by the Department of Psychology, University of Delhi under UGC-(SAP) DRS I.   |
| *     | International Conference on Indian Culture and Psychology: A<br>Consciousness Perspective, Swadeshi Indology Conference Series on Indian<br>Mind Science organized by the Department of Psychology, University of<br>Delhi.   |
| *     | IIC-AIIMS Mental Health Series Panel Discussion: 1) Children &  |
|       | Adolescents Mental Health: Inclusions, Rights& Social Challenges and 2) Balancing the States of Mind.   |